

Properties of the Chakras

Chakra	Name	Color on 2nd level	# of Vortices	Endocrine Gland	Area of Body Governed	Center	Psych Function	Perception of Chakras	Sound Key	Mantra	Gem Stone	Essential Oils
7	Crown	White	972	Pineal	Nervous System, Upper Brain, Right eye	Mental	Integration of Personality with life, Spiritual aspects of mankind, Spiritual Truths	Direct Knowing, Knowing the whole concept, Receiving more than other senses	B	OM	Clear Crystal, Amethyst, Diamond, White Topaz, White Calcite	Frankincense, Rosewood, Spikenard, Myrrh, Neroli
6	Third eye, Brow	Indigo	96	Pituitary	Lower Brain, left eye, ears, nose, Endocrine system	Mental	A-Capacity to visualize and understand mental concepts, dreams, goals B- Ability to carry our ideas in practical ways	Sight, Seeing - Visualizing Seeing clear pictures or symbols	A	KSHAM	Lapis lazuli, Blue Sapphire, Sodalite, Sugilite	Jasmine, Blue Cypress, Palo Santo, Bay Laurel, Mint
5	Throat	Sky Blue	16	Thyroid, Parathyroid	Respiratory System, Bronchial and vocal, Lungs, Alimentary canal	5A-Emotion 5B-Will	A-Expression, Receiving, Taking in & Assimilating B-Sense of self within society and profession	Hearing, Smelling, Tasting, Speaking your truth, Ability To Ask for Help	G	HAM	Aquamarine, Turquoise, Chalcedony, Azurite, Blue Calcite	Basil, Blue Yarrow, Blue Tansy, Chamomile, Eucalyptus, Frankincense
4	Heart	Green	12	Thymus	Heart, Blood, Vagus nerve, circulatory system	4A-Emotion 4B-Will	A-Feelings of Love towards others, Openness to life B-Self will, Ego will towards the outer world	Love, Relationships, Ability to Bond with Others	F	YAM	Malachite, Green Tourmaline, Kunzite, Emerald, Jade	Rose, Geranium, Helichrysum, Pink Grapefruit, Lavender
3	Solar Plexus	Yellow	10	Pancreas	Digestive System, Stomach, Liver, Gallbladder, Colon	3A-Emotion 3B - Will	A-Pleasure, Expansiveness, Who you are in the Universe, Personal Power, Mental Activity, Self Esteem B-Intentionality, Will Towards own Health	Intuition, vague sense of knowing	E	RAM	Golden Calcite, Amber, Topaz, Citrine, Gold	Bergamot, Turmeric, Cypress, Lemongrass, Rosemary, Ginger
2	Sacral	Orange	6	Ovaries / Gonads	Reproduction, Lymphatic / Immune System	2A-Emotion 2B - Will	A-Quality (sexuality / Sensuality) of love in life, giving & receiving pleasure B - Quantity of sexual energy	Emotions and Creativity	D	VAM	Carnelian, Orange Calcite, Bloodstone, Tiger's Eye	Ylang-Ylang, Sandalwood, Sage, Neroli, Orange
1	Base / Root	Red	4	Adrenals	Urinary system, Integumentary system, Skeletal and Muscular system, Spinal Column, Kidneys	Will	Quantity of Physical Energy, Will to live, life force	Kinesthetic, Tactile, Proprioception	C	LAM	Pyrite, Hematite, Blood Jasper, Garnet, Ruby, Red coral	Cedarwood, Spruce, Clove, Spikenard, Vetiver